SPITALUL ORĂȘENESC BREZOI
JUDEȚUL VÂLCEA
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Cod fiscal 2541908

SPITALUL ORĂȘENESC BREZOI

Dr. COCHINTELE TEODORA
medic specialist Epidemiologie
Cod: B 11601

SCHWERIN RUDOLF-ANTON
dietician
Cod R 0072498

Ziua 1.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Cașcaval	50 g	192.75	800.25	17.85	15.225	0	0	10.3215	0.3
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Ciorba de fasole boabe	1 Portie	142	587	11.05	10.64	8.83	6.92	0.82	2
P	Musaca de cartofi cu carne de porc	1 portie	536.5	2255.7	22.661	17.1	68.99	9.17	3.1162	2
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Mamaliguta	1 Portie	141.1	681	0.16	0.23	35.3	0	0.06	3
C	Tocanita de pui	1 portie	350.9	1472	27.61	12.55	9.06	7.09	1.3315	2
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
		TOTAL	1830.45	7590.85	107.021	75.375	189.08	40.7	25.8802	10.1

NOTĂ: D - MIC DEJUN
P - PRÂNZ
C - CINĂ

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

Dr. COCHINTELE TEODORA
medic specialist Epidemiologie
Cod: B 11601

SCHWERIN RODOLF-ANTON
director medical
Cod D 50128

CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

ziua 1. R8.-

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.7	8.2	1.25	0	0	0.2	0	0
	Cașcaval	50 g	192.75	800.25	17.85	15.225	0	0	10.3215	0.3
	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
D	sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Ciorba de fasole boabe	1 Portie	142	587	11.05	10.64	8.83	6.92	0.82	0.002
P	Sote de fasole verde	1 portie	313	1317	26.066	12.25	32.5	6.76	1.532	0.002
	Carne pui	1 portie	212	898	16.62	2.2	0	0	0.6	0
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
S	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Mamaliguta	1 Portie	141.1	681	0.16	0.23	35.3	0	0.06	3
C	Tocanita de pui	1 portie	350.9	1472	27.61	12.55	9.06	7.09	1.3315	0.002
	Ceai	250 ml	42.7	8.2	1.25	0	0	0.2	0	0
		TOTAL	1995.75	8113.25	136.576	81.035	134.26	53.57	27.259	4.106

NOTA: D - mic DEJUN
S - SUPLIMENT
P - PRÂNZ
C - CINĂ

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMAR BREZOI

Dr. COCHINTELE TEODORA medic specialist Epidemiologie Cod: B 11601

SCHWERIN RUDOLF-ANTI dietetician Cod D 007249

ZIUA 2.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Cacao cu lapte	1 cana	165	690	8.75	1.25	28.5	21.3	0.35	2
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Supa de pui cu galuste	1 portie	241	1008	17.81	12.685	7.845	6.475	1.15	0.002
P	Mancare de spanac	1 portie	254.4	1067	29.2	12.53	25.36	7.43	1.59	0.002
	Pulpe de pui	1 portie	212	898	166.2	2.2	0	0	0.6	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Cartofi natur	1 portie	353.965	1484.98	64.005	16.695	49.1355	2.3835	10.48	3
C	Ficatei de pui	1 portie	422.1	1753	62.513	29.659	2.803	2.38	4.4082	1
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
		TOTAL	2184.065	8976.28	390.978	93.069	166.4635	56.3685	27.3222	7.004

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Dr. COCHINTELE TEODORA
medic specialist Epidemiologie
Cod: B 11601

SCHWERIN RUDOLF-ANTON
dietetician
Cod D 0072498

ZIUA 2.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Lapte	1 cana	165	690	8.75	1.25	28.5	21.3	0.35	2
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Muschi file	50 gr	110	460	16.32	6	0	0	2	1
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	laurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Supa de pui cu galuste	1 portie	241	1008	17.81	12.685	7.845	6.475	1.15	0.002
?	Sote de spanac	1 portie	184	767.2	27	12.25	9.18	7.31	1.502	0
	Pulpe de pui	1 portie	212	898	166.2	2.2	0	0	0.6	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
S	Branza topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Cartofi natur	1 portie	353.965	1484.98	64.005	16.695	49.1355	2.3835	10.48	3
	Ficatei de pui	1 portie	422.1	1753	62.513	29.659	2.803	2.38	4.4082	1
C	Biscuiti digestivi	50 g	241	1010	3	10.5	33	9	5	0.8
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
		TOTAL	2499.065	10397.48	396.058	111.679	179.5835	69.1485	34.7342	7.802

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SCHWERIN RUDOLF-ANTON dietetician Cod D 0072498

Dr. COCHINTELE TEODORA medic specialist Epidemiologie Cod: B 11601

ziua 3.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Gem Portionat	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Supa de pui cu fidea	1 portie	181	761	11.62	11.785	15.8	6.625	0.948	0.002
	Ghiveci de legume	1 Portie	523	2341	178.9	20.668	90.156	6.607	3.732	0.002
P	Carne de pui la cuptor	1 Portie	212	898	166.2	2.2	0	0	0.6	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Mancare de fasole verde	1 Portie	384.3	1617	28.226	12.53	48.7	6.88	1.62	0.002
C	Pulpe de pui	1 portie	212	898	166.2	2.2	0	0	0.6	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Compot	50 g	51.3	212.5	0.25	0	12.5	3	0	0
		TOTAL	2100.45	8979.6	588.326	66.373	240.256	47.552	16.019	1.006

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ZIUA 3 R8.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
B	Branza topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Iaurt	1 buc	59	247	3.2	3.5	3.7	3.7	1.4	0
	Supa de pui cu fidea	1 portie	181	761	11.62	11.785	15.8	6.625	0.948	0.002
	Ghiveci de legume	1 Portie	523	2341	178.9	20.668	90.156	6.607	3.732	0.002
?	Carne de pui la cuptor	1 Portie	212	898	166.2	2.2	0	0	0.6	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
S	Pateu	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
	Sote de fasole verde	1 Portie	313	1317	26.066	12.25	32.5	6.76	1.532	0.002
	Pulpe de pui	1 portie	212	898	166.2	2.2	0	0	0.6	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
C	Biscutiti digestivi	50 g	241	1010	3	10.5	33	9	5	0.8
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
		TOTAL	2372.4	10058.1	597.621	88.248	248.236	51.332	23.43	1.806

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ZIUA 4

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Paine	1 fleie	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Gem Portionat	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Cașcaval	50 gr	192.75	800.25	17.85	15.225	0	0	10.3215	0.3
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Cacao cu lapte	1 cana	165	690	8.75	1.25	28.5	21.3	0.35	2
	Banana	1 bucata	89	372	1.1	0.32	23	12	0.1	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
P	Ciorba de spanac cu ou si iaurt	1 portie	78	326.04	6.6	3.9	7.2	2.4	0	1
	Parjoale	1 portie	711.2	2990	46.084	31.784	109.255	95.163	1.7447	0.003
	Pilaf Sarbesc	1 portie	499.8	2136	45.8	28.97	72.9	5.44	7.938	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Macaroane cu branza	1 Portie	468	1956	44.21	25.01	46.06	7.37	10.615	0.002
C	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Biscuiti digestivi	50 gr	241	1010	3	10.5	33	9	5	0.8
		TOTAL	3001.35	12446.89	195.844	141.609	368.165	162.293	47.3312	4.905

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ZIUA 4 R8.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
P	Cașcaval	50 gr	192.75	800.25	17.85	15.225	0	0	10.3215	0.3
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Lapte	1 cana	138	578	7	7.36	10.84	10.6	4.8	2
	Branza topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
S	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Ciorba de spanac cu ou si iaurt	1 portie	78	326.04	6.6	3.9	7.2	2.4	0	1
	Amestec legume	1 portie	194.2	800	2.88	20.38	2.08	1.84	1.4	3
P	Parjoale	1 portie	711.2	2990	46.084	31.784	109.255	95.163	1.7447	0.003
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Mere	60 g	62	259	0.19	0.21	14.8	12.2	0	0
S	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Mamaliguta	1 Portie	141.1	681	0.16	0.23	35.3	0	0.06	0.003
	Ficatei de pui	1 portie	422.1	1753	62.513	29.659	2.803	2.38	4.4082	1
C	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Biscuiti digestivi	50 gr	241	1010	3	10.5	33	9	5	0.8
		TOTAL	2904.35	12170.89	178.757	157.788	260.778	140.703	40.3954	8.906

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dietetician
Cod D 0072498

Dr. COCHINTELE TEODORA
medic specialist Epidemiologie
Cod: B 11601

ziua 5

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
	Gem	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
D	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Branza Topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
P	Ciorba de legume	1 Portie	179.7	655	10.98	1.617	16.51	4.405	0.38	0.02
	Varza Calita	1 Portie	266.1	1110.1	95.357	20.969	7.34	6.465	2.8972	0.02
	Mamaliguta	1 Portie	141.1	681	0.16	0.23	35.3	0	0.06	0.03
	Compot	100 g	101.6	425	0.5	0	24.9	6	0	0
	Biscuiti digestivi	50 g	241	1010	3	10.5	33	9	5	0.8
C	Mancare de mazare	200 g	437.9	1837	12.63	11.53	66.51	7.88	1.54	0.02
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	TOTAL		1844.65	7828.2	145.597	64.686	257.46	57.37	17.5962	0.86

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ANMCS unitate aflată în PROCES DE ACREDITARE CICLUL al II-lea

CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

SCHWERIN RUDOLF-ANTON dietetician Cod D 007249

Dr. COCHINTELE TEODORA medic specialist Epidemiologie Cod: B 11601

ziua 5 R3.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Mușchi file	50 g	110	460	16.32	6	0	0	2	1
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Branza Topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Mere	1 bucata	62	259	0.19	0.21	14.8	12.2	0	0
	Ciorba de legume	1 Portie	179.7	655	10.98	1.617	16.51	4.405	0.38	0.02
P	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Varza Calita	1 Portie	266.1	1110.1	95.357	20.969	7.34	6.465	2.8972	0.02
	Carne de pui	1 Portie	136	569	20.5	5.41	0	0	1.87	0.5
	Mamaliguta	1 Portie	141.1	681	0.16	0.23	35.3	0	0.06	0.03
S	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Carne de pui la cuptor	1 Portie	136	569	20.5	5.41	0	0	1.87	0.5
	Sote de mazare	1 portie	367.5	1537	10.47	11.25	50.33	7.76	1.452	0.02
C	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Biscutiti digestivi	50 g	241	1010	3	10.5	33	9	5	0.8
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		2105.65	7910.5	177.627	71.956	208.12	51.59	17.0412	1.39

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ANMCS unitate aflată în PROCES DE ACREDITARE CICLUL al II-lea

CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI

Dr. COCHINTELE TEODORA medic specialist Epidemiologie Cod: B 11601

SCHWERIN RUDOLF-ANTON dietetician Cod D 007249

Ziua 6

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Cașcaval	50 gr	314	1314	26	23	0.5	0.5	15	2
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Supa de pui cu zdrente	1 portie	241	1008	17.81	12.685	7.845	6.475	1.15	2
	Pulpe de pui	1 portie	212	898	166.2	2.2	0	0	0.6	0
P	Piure de cartofi	1 portie	380.2	1611	14.29	5.78	74.7	13.66	3.225	0.025
	Banane	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Pilaf Sarbesc	1 portie	499.8	2136	45.8	28.97	72.9	5.44	7.938	0
C	Carne la cuptor	1 Portie	212	898	166.2	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		2304.8	9400.9	466.82	82.195	215.155	48.815	30.808	3.025

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CICLUL al II-lea

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

DR. COCHINTELE TEODORA
medic specialist Epidemiologie
Cod: B 11691

SCHWERIN RUDOLF-ANTON
dietetician
Cod D 0072498

Ziua 6 28

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Cașcaval	50 gr	314	1314	26	23	0.5	0.5	15	2
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Iaurt	1 buc	59	247	3.2	3.5	3.7	3.7	1.4	0
	Supa de pui cu zdrente	1 portie	241	1008	17.81	12.685	7.845	6.475	1.15	0.002
P	Pulpe de pui	1 portie	212	898	166.2	2.2	0	0	0.6	0
	Piure de cartofi	1 portie	380.2	1611	14.29	5.78	74.7	13.66	3.225	0.025
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Pate porc	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Sote de fasole verde	1 portie	313	1317	26.066	12.25	32.5	6.76	1.532	0.002
C	Carne la cuptor	1 Portie	212	898	166.2	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		2173.2	8987	448.276	69.345	184.085	54.855	25.789	3.025

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ANMCS unitate aflată în PROCES DE ACREDITARE CICLUL al II-lea

CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

Dr. COCHINTELE TEODORA medic specialist Epidemiologie Cod: B 11601

SCHWERIN RUDOLF-ANTON dietetician Cod D 0072498

Ziua 7

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Cacao cu lapte	1 cana	165	690	8.75	1.25	28.5	21.3	0.35	2
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
D	Pateu de ficat de pui	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Branza Topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Ciorba de periosare	1 Portie	271.7	1085	16.275	14.67	12.53	5.115	2.788	0.002
P	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Mamaliguta	1 Portie	141.1	681	0.16	0.23	35.3	0	0.06	0.03
	Ficatei de pui	1 portie	422.1	1753	62.513	29.659	2.803	2.38	4.4082	1
	Amestec legume	1 portie	194.2	800	2.88	20.38	2.08	1.84	1.4	3
	Carne la cuptor	1 Portie	212	898	166.2	2.2	0	0	0.6	0
C	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		2066.25	8621.5	287.583	96.394	150.478	48.095	17.8872	6.907

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CONSILIUL LOCAL BREZOI PRIMĂRIA BREZOI SPITALUL ORĂȘENESC BREZOI 1

Dr. COCHINTELE TEODORA
medic specialist Epidemiologie
Cod: B 11601

SCHWERIN RUDOLF-ANTON
dietician
Cod D 007249

Ziua 7 R8.

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Lapte	1 cana	138	578	7	7.36	10.84	10.6	4.8	2
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Pateu de ficat de pui	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
D	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Branza Topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Iaurt	1 buc	59	247	3.2	3.5	3.7	3.7	1.4	0
	Ciorba de periosare	1 Portie	271.7	1085	16.275	14.67	12.53	5.115	2.788	0.002
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
P	Mamaliguta	1 Portie	141.1	681	0.16	0.23	35.3	0	0.06	0.03
	Ficatei de pui	1 portie	422.1	1753	62.513	29.659	2.803	2.38	4.4082	1
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
S	Branza Topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Amestec legume	1 portie	194.2	800	2.88	20.38	2.08	1.84	1.4	3
	Carne la cuptor	1 Portie	212	898	166.2	2.2	0	0	0.6	0
C	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	TOTAL		2028.75	8635.3	286.873	105.894	128.318	41.095	23.6372	6.907

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI PRIMĂRIA BREZOI

ZIUA 8

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
D	Cașcaval	50 g	128.5	533.5	11.9	10.15	0	0	6.881	0.2
	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Banane	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
P	Ciorbă de fasole Verde	1 Portie	192	795.3	14.48	12.4	13.1	5.681	0.404	0.002
	Ciulama De pui	1 Portie	647.3	2749	52.18	41.4	33.97	7.29	14.951	0.025
	Mamaliguta	1 portie	141.1	681	0.16	0.23	35.3	0	0.06	0.003
	Mancare de cartofi cu carne	1 Portie	632	3266	174.281	19.676	22.51	5.44	3.86	0.002
C	Lapte	250 ml	138	578	7	7.36	10.84	10.6	4.8	2
	Biscuiti digestivi	50 g	241	1010	3	10.5	33	9	5	0.8
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
		TOTAL	2725.3	11704.7	284.551	124.296	203.39	56.111	47.48	3.832

SPITALUL ORĂȘENESC BREZOI
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CONSILIUL LOCAL BREZOI
SPITALUL ORĂȘENESC BREZOI
PRIMĂRIA BREZOI

Ziua 8 R8

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 g	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Cașcaval	50 g	128.5	533.5	11.9	10.15	0	0	6.881	0.2
	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
D	sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Branza topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
S	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Mere	1 bucata	62	259	0.19	0.21	14.8	12.2	0	0
	Paine	100 g	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
P	Ciorbă de fasole Verde	1 Portie	192	795.3	14.48	12.4	13.1	5.681	0.404	0.002
	Tocanita de pui	1 portie	350.9	1472	27.61	12.55	9.06	7.09	1.3315	0.002
	Mamaliguta	1 portie	141.1	681	0.16	0.23	35.3	0	0.06	0.003
S	Pateu de ficat	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
	Mancare de cartofi cu carne	1 Portie	632	3266	174.281	19.676	22.51	5.44	3.86	0.002
	Biscutiti digestivi	50 g	241	1010	3	10.5	33	9	5	0.8
C	Lapte	250 ml	138	578	7	7.36	10.84	10.6	4.8	2
	Paine	100 g	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
		TOTAL	2580.15	11447.2	269.436	109.491	186.535	57.131	37.1105	3.884

SPITALUL ORĂȘENESC BREZOI
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SCHWERIN RUDOLF-ANTON
dietetician
Cod D 0072498

CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

Ziua 9

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Cacao cu lapte	250 ml	165	690	8.75	1.25	28.5	21.3	0.35	2
	Ou fiert	1 buc	78.6	328.2	5.04	5.4	0	0	1.15	0
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Mușchi file	2 felii	110	460	16.32	6	0	0	2	1
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
P	Ciorba de rosii cu orez	1 Portie	179.7	655	10.99	1.617	16.51	4.405	0.38	0.002
	carne la cuptor	1 Portie	212	898	16.62	2.2	0	0	0.6	0
	Piure de cartofi	1 portie	380.2	1611	14.29	5.78	74.7	13.66	3.225	0.025
C	Mamaliga cu branza si smantana	1 portie	681.2	2856.4	36.92	34.06	79.4	5.8	22.08	1
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
		TOTAL	2153.7	8785.7	130.07	62.957	251.93	61.565	35.379	4.027

ANMCS
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CICLUL al II-lea

SPITALUL ORĂȘENESC BREZOI
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ZIUA 9 28

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Lapte	250 ml	138	578	7	7.36	10.84	10.6	4.82	2
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
D	Cascaval	50 gr	128.5	533.5	11.9	10.15	0	0	6.881	0.02
	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
S	laurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
P	Ciorba de rosii cu orez	1 Portie	179.7	655	10.99	1.617	16.51	4.405	0.38	0.002
	carne la cuptor	1 Portie	212	898	16.62	2.2	0	0	0.6	0
	Piure de cartofi	1 portie	380.2	1611	14.29	5.78	74.7	13.66	3.225	0.025
S	Pateu de ficat de pui	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
	Mamaliga cu branza si smantana	1 portie	681.2	2856.4	36.92	34.06	79.4	5.8	22.08	1
C	Pulpe de pui	1 portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
		TOTAL	2614.15	10725.5	162.655	88.562	245.225	55.785	49.717	4.122

CONSILIUL LOCAL BREZOI
SPITALUL ORĂȘENESC BREZOI
1
PRIMĂRIA BREZOI

SPITALUL ORĂȘENESC BREZOI
JUDEȚUL VÂLCEA
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Cod fiscal 2541908

ANMCS unitate aflată în PROCES DE ACREDITARE CICLUL al II-lea

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CONSILIUL LOCAL BREZOI * SPITALUL ORĂȘENESC BREZOI 1 * PRIMĂRIA BREZOI

ZIUA 10

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Gem Portionat	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Ciorba de legume	1 portie	179.7	655	10.99	1.617	16.51	4.405	0.38	0.002
P	Varza cu Carne	1 portie	413.149	1725.136	99.657	27.469	7.34	6.465	5.1972	2
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Salata Orientala	1 portie	420	1755.6	6.6	21	45	3	3	2
C	Pulpe de pui	1 portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
		TOTAL	1804.199	7294.036	172.047	69.276	141.95	37.49	17.6092	5.002

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

Ziua 10 R3

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Branza topita/dulce	20 g	50.4	318	1.8	5	0.8	0	1.2	0
D	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
	Mușchi file	2 felii	110	460	16.32	6	0	0	2	1
	Rosie	70g	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
S	Pateu de ficat de pui	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
	Ciorba de legume	1 portie	179.7	655	10.99	1.617	16.51	4.405	0.38	0.002
P	Varza cu Carne	1 portie	330	1397.07	105.094	8.1	4.537	4.085	1.689	0.002
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
S	Iaurt	1 portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Sote de spanac	1 portie	184	767.2	27	12.25	9.18	7.31	1.502	0
C	Carne de pui	1 portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Biscuiti digestivi	50 gr	241	1010	3	10.5	33	9	5	0.8
		TOTAL	1837.1	7560.37	208.339	63.312	124.102	46.32	19.702	1.879

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CONSILIUL LOCAL BREZOI * SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

Ziua 11

Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
Gem Portionat	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
D Cașcaval	50 g	128.5	533.5	11.9	10.15	0	0	6.881	0.02
Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
Cacao cu lapte	1 cana	165	690	8.75	1.25	28.5	21.3	0.35	2
Banana	1 bucata	89	372	1.1	0.32	23	12	0.1	0
Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
P Ciorba de cartofi	1 portie	256.2	1072	48.93	11.55	35.31	5.725	1.013	0.002
Pilaf Sarbesc	1 portie	499.8	2136	45.8	28.97	72.9	5.44	7.938	0
Carne de pui la cuptor	1 Portie	212	898	16.62	2.2	0	0	0.6	0
Macaroane cu Branza	1 Portie	468	1956	44.21	25.01	4606	7.37	10.615	0.002
C Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL	2309.4	9544.8	199.61	103.62	4800.13	60.435	38.672	2.824

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CONSILIUL LOCAL BREZOI * SPITALUL ORĂȘENESC BREZOI 1 * PRIMĂRIA BREZOI

ziua 11 R3

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Unt portionat	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Cașcaval	50 g	128.5	533.5	11.9	10.15	0	0	6.881	0.02
D	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Lapte	250 ml	138	578	7	7.36	10.84	10.6	4.8	2
	Branza topita/dulce	20 g	50.4	318	1.8	5	0.8	0	1.2	0
S	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Ciorba de cartofi	1 portie	256.2	1072	48.93	11.55	35.31	5.725	1.013	0.002
P	Mamaliguta	1 portie	141.1	681	0.16	0.23	35.3	0	0.06	0.003
	Tocanita de pui	1 portie	350.9	1472	27.61	12.55	9.06	7.09	1.3315	0.002
	Mere	1 bucata	62	259	0.19	0.21	14.8	12.2	0	0
S	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Sote de fasole verde	1 Portie	313.9	1317	26.066	12.25	32.5	6.76	1.532	0.002
C	Pulpe de pui	1 portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
		TOTAL	2260.9	9504.8	170.806	94.56	170.28	41.385	28.7915	2.829

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI PRIMĂRIA BREZOI

Ziua 12

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
D	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
	Gem	10g	74.3	305.6	8.2	5.3	0.06	0.06	5.3	0
	Muschi file	50 g	110	460	16.32	6	0	0	2	1
	Rosie	70g	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
	Banana	1 buc	89	372	1.1	0.32	23	12	0.1	0
P	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Ciorba de varza	1 Portie	75	313.5	4.2	3	10.2	0	0	1
	Mancare de cartofi	1 Portie	420	1736	8.081	17.476	22.51	5.44	3.26	0.002
	Compot	100 g	101.6	425	0.5	0	24.9	6	0	0
C	Biscuiti digestivi	50 g	241	1010	3	10.5	33	9	5	0.8
	Mancare de mazare	1 Portie	437.9	1837	12.63	11.53	66.51	7.88	1.54	0.002
	TOTAL		1925.15	7871.5	86.941	64.426	202.56	49.9	19.928	4.302

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI PRIMĂRIA BREZOI

ZIUA 12 28

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Branza Topita	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Masline	25g	36.05	147.7	0.56	3.85	0	0	0.75	0
S	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Mere	1 bucata	62	259	0.19	0.21	14.8	12.2	0	0
?	Ciorba de varza	1 Portie	104.7	438	2.7	6.3	9.3	0	0	0.2
	Mamaliguta	1 portie	141.1	681	0.16	0.23	35.3	0	0.06	0.003
	Tocanita de pui	1 portie	350.9	1472	27.61	12.55	9.06	7.09	1.3315	0.002
S	Ou fiert	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
C	Sote de mazare	1 Portie	367.5	1537	10.47	11.25	50.33	7.76	1.452	0.002
	Carne pui	1 Portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		1824.95	7367.4	100.23	61.13	156.05	37.89	12.1385	1.207

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI 1 PRIMĂRIA BREZOI

ZIUA 13

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
D	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Cașcaval	50 gr	128.5	533.5	11.9	10.15	0	0	6.881	0.02
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Banane	1 buc	89	372	1.1	0.32	23	12	0.1	0
	Supa de pui cu galuste	1 portie	241	1008	17.81	12.685	7.845	6.475	1.15	2
P	Pulpe de pui	1 portie	212	898	16.62	2.2	0	0	0.6	0
	Piure de cartofi	1 portie	380.2	1611	14.29	5.78	74.7	13.66	3.225	0.025
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Mancare de spanac	1 Portie	254.4	1067	29.2	12.53	25.36	7.43	1.59	0.002
C	Carne pui	1 Portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		1873.9	7551.4	136.96	52.905	167.115	50.305	16.341	1.047

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI PRIMĂRIA BREZOI

ZIUA 13 R8

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Unt	10 g	20.6	86.2	0.01	0.01	6.45	6.2	0.001	0
D	Mușchi file	50 gr	110	460	16.32	6	0	0	2	1
	Cașcaval	50 gr	128.5	533.5	11.9	10.15	0	0	6.881	0.02
	Masline	25.gr	36.05	147.7	0.56	3.85	0	0	0.75	0
	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
5	Pateu de ficat de pui	25 gr	49.25	207	3.375	3.275	1.625	0	10	0.075
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
	Supa de pui cu galuste	1 portie	241	1008	17.81	12.685	7.845	6.475	1.15	2
P	Pulpe de pui	1 portie	212	898	16.62	2.2	0	0	0.6	0
	Piure de cartofi	1 portie	380.2	1611	14.29	5.78	74.7	13.66	3.225	0.025
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
	Sote de spanac	1 portie	184	767.2	27	12.25	9.18	7.31	1.502	0
C	Carne pui	1 Portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		1986.5	8019.6	141.135	63.62	161.89	55.105	28.39	1.045

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CONSILIUL LOCAL BREZOI SPITALUL ORĂȘENESC BREZOI PRIMĂRIA BREZOI

ziua 14

Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
Cacao cu lapte	250 ml	165	690	8.75	1.25	28.5	21.3	0.35	2
Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
Pateu de ficat de pui	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
Rosie	70g	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
Branza Topita/dulce	20 g	50.4	318	1.8	5	0.8	0	1.2	0
Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
Banane	1 buc	89	372	1.1	0.32	23	12	0.1	0
Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
Ciorba de periosare	1 Portie	271.7	1085	16.275	14.67	12.53	5.115	2.788	0.002
Amestec mexican	1 portie	194.2	800	2.88	20.38	2.08	1.84	1.4	3
Ficatei de pui	1 Portie	422.1	1753	62.513	29.659	2.803	2.38	4.4082	1
Cartofi cu branza	1 portie	441.35	1847	16	22.96	45.82	0.56	10.54	1.4
Carne pui	1 Portie	212	898	16.62	2.2	0	0	0.6	0
Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
Paine	1 fleie	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
TOTAL		2154.5	9787.5	137.373	116.594	160.998	47.635	27.6802	7.275

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CONSILIUL LOCAL BREZOI * SPITALUL ORĂȘENESC BREZOI 1 PRIMARIA BREZOI

Ziua 14 R8

	Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
	Lapte	250 ml	138	578	7	7.36	10.84	10.6	4.8	2
	Ou fiert	1 bucata	78.6	328.2	5.04	5.4	0	0	1.15	0
	Pateu de ficat de pui	25 g	49.25	207	3.375	3.275	1.625	0	1	0.075
D	Rosie	2 buc	9.8	42.7	10.29	0.07	2.1	2.1	0.02	0
	Branza Topita/dulce	20 g	50.4	318	1.8	5	0.8	0	1.2	0
	Sunca presata	50 g	143.5	600.5	7.5	12.5	0.25	0.1	4.55	0.8
	Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Iaurt	1 Portie	59	247	3.2	3.5	3.7	3.7	1.4	0
	Ciorba de periosare	1 Portie	271.7	1085	16.275	14.67	12.53	5.115	2.788	0.002
	Amestec mexican	1 portie	194.2	800	2.88	20.38	2.08	1.84	1.4	3
P	Ficatei de pui	1 Portie	422.1	1753	62.513	29.659	2.803	2.38	4.4082	1
	Mere	1 buc	62	259	0.19	0.21	14.8	12.2	0	0
	Paine	1 fleie	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
S	Pateu de ficat pui	25 gr	49.25	207	3.375	3.275	1.625	0	1	0.075
	Cartofi cu branza	1 portie	441.35	1847	16	22.96	45.82	0.56	10.54	1.4
	Paine	1 fleie	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
C	Carne pui	1 Portie	212	898	16.62	2.2	0	0	0.6	0
	Ceai	250 ml	42.5	8.2	1.25	0	0	0.2	0	0
	TOTAL		2305.8	9530.2	154.233	128.144	125.008	40.835	34.0302	5.277

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ANMCS unitate aflată în PROCES DE ACREDITARE CICLUL al II-lea

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REGIM ENTERO.

Denumire produs	Cantitate	kcal	kj	g/Proteine	g/Lipide	G/Glucide	g/Zaharuri	g/AGS	g/Sare
Branza Proaspata de vaci	200	406	1698	26	16	20	0	0	0
Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
Paine	100 gr	65.7	279.3	0.15	0.48	13.83	1.02	0.087	0
Mar copt	1 buc	143	598	4.2	7	15.3	10	2.9	0
Banane	1 buc	89	372	1.1	0.32	23	12	0.1	0
Supa de Morcov cu orez	1 portie	90	378	3	3	15	1.2	1.5	0.002
Orez Fiert	1 porte	130	544	2.7	0.3	28.2	0	0	0.002
Pulpe de pui	1 portie	193.636	804.662	13.0008	13.5346	0.0634	0	3.7052	0
Mar copt	1 buc	143	598	4.2	7	15.3	10	2.9	0
Banane	1 buc	89	372	1.1	0.32	23	12	0.1	0
Orez Fiert	1 porte	130	544	2.7	0.3	28.2	0	0	0.002
Pulpe de pui	1 portie	193.636	804.662	13.0008	13.5346	0.0634	0	3.7052	0
TOTAL		1738.672	7271.924	71.3016	62.2692	195.7868	47.24	15.0844	0.002